

West of Scotland Paediatric Gastroenterology, Hepatology and Nutrition Network



WoSPGHaN



www.wospghan.scot.nhs.uk

Training package for parents/carers

Bolus Gastrostomy Feeding

Parent/carer name	
Child's name	

	Date	Trainer signature	Parent/carer signature
Procedure discussed with parent/carer			
Procedure observed by parent/carer			
Procedure performed by parent/carer with supervision			
Procedure performed by parent/carer under observation by trainer			
Parent /carer is confident to practice procedure			
Trainer is confident that parent/carer is able to practise unsupervised			

Steps of procedure	Procedure discussed	Procedure observed	Procedure performed with supervision	Procedure performed under observation by trainer	Parent/carer is confident to practice procedure
How to acquire equipment and supplies					
How to acquire feed					
Effective hand hygiene					
Feed hygiene					
Collect equipment on clean dry area					
Check correct feed type and make up feed correctly					
Check expiry date on feed and ensure packaging intact					
Explain procedure to child/young person					

Steps of procedure	Procedure discussed	Procedure observed	Procedure performed with supervision	Procedure performed under observation by trainer	Parent/carer is confident to practice procedure
Position the child/young person for feeding					
Expose gastrostomy tube/button and check stoma site					
Fill extension set with water and attach to the button (if applicable)					
Open clamp (if appropriate) and flush tube with cooled, boiled water as per individual child's feed plan					
Attach syringe, without the plunger, to feeding tube					
Slowly administer required amount of feed, via syringe, according to individual care plan. Given over 15 – 30 minutes					
How to adjust height of syringe to control flow rate					

Steps of procedure	Procedure discussed	Procedure observed	Procedure performed with supervision	Procedure performed under observation by trainer	Parent/carer is confident to practice procedure
Once feed complete, flush tube with an appropriate amount of cooled, boiled water according to individual care plan					
Close clamp (if appropriate), Remove syringe and extension set (if appropriate)					
Document type of feed and amount given (if appropriate)					
Disposal of waste					
Cleaning of equipment					
Demonstrate knowledge of possible problems including tube blockage					
How to seek help or advice					

Adapted by West of Scotland Paediatric Gastroenterology, Hepatology and Nutrition Managed Clinical Network (WoSPGHaN) with permission from NHS Lanarkshire Community Children's Nursing Team.

If you would like more information, visit the website www.wospghan.scot.nhs.uk

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